



You were not born a winner and you were not born a loser. You are what you make yourself to be.

— Lou Holtz

Intellectual growth should commence at birth and cease only at death.

—Albert Einstein

If you wait to do everything until you're sure it's right, you'll probably never do much of anything.

— Win Borden

We make a vessel from a lump of clay. It is the space inside the vessel that makes it useful. Thus, while the tangible has advantages, it is the intangible that makes it useful.

— Tao

You can get anything in life you want if you will just help enough other people get what they want.

— Zig Ziglar

Not everything that is faced can be changed, but nothing can be changed until it is faced.

— Lucille Ball

The smallest good deed is better than the grandest good intention.

— Unknown



Job Description

Did you ever sit down and think about your job description as a parent or guardian? If not, read this and see if it fits your job duties:

Position Available

For a Mom, Mommy, Mama, Ma

Dad, Daddy, Dada, Pa

Job Description:

Long-term team players needed for challenging, permanent work in an often chaotic environment.

Candidates must possess excellent communication and organizational skills and be willing to work varied hours, which will include evenings, weekends, and frequent 24-hour shifts.

Some overnight travel required, including trips to primitive camping sites on rainy weekends and endless sports tournaments in far away cities! Travel expenses not reimbursed.

Extensive courier duties also required.

Responsibilities:

For the rest of your life: Must be willing to be hated, at least temporarily, until someone needs \$5. Must be willing to bite tongue repeatedly.



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Must possess the physical stamina of a pack mule and be able to go from zero to 60 mph in three seconds flat in case, this time, the screams from the backyard are not someone just crying wolf.

Must be willing to face stimulating technical challenges, such as small gadget repair, mysteriously sluggish toilets, and stuck zippers.

Must screen phone calls, maintain calendars, and coordinate production of multiple homework projects.

Must have ability to plan and organize social gatherings for clients of all ages.

Must be willing to be indispensable one minute and embarrassed the next.

Must handle assembly and product safety testing of a half-million cheap, plastic toys and battery-operated devices.

Must always hope for the best, but be prepared for the worst.

Must assume final, complete accountability for the quality of the end product.

Responsibilities also include floor maintenance and janitorial work throughout the facility.

Possibility for Advancement & Promotion:

None.

Your job is to remain in the same position for years, without complaining, constantly retaining and updating your skills so that those in your charge can ultimately surpass you.

Previous Experience:

None required, unfortunately.

On-the-job training offered on a continually exhausting basis.

Wages and Compensation:

Get this! You pay them, offering frequent raises and bonuses!

A balloon payment is due when they turn 18 because of the assumption that college will help them become financially independent.

When you die, you give them whatever is left. The oddest thing about this reverse-salary scheme is you actually enjoy it and wish you could only do more.

Benefits:

Does not include the following benefits: health or dental insurance, pension, tuition reimbursement, paid holidays, or stock options.

Does include: limitless opportunities for personal growth, unconditional love, and free hugs and kisses for life, if you play your cards right.

If you are fortunate enough, you will become a grandparent and can then work an entire new job description.

Fun Fact

Historically, martial arts referred to various combat systems that originated in Asia. Some of the most popular forms of martial arts have been around for thousands of years, while others are relatively new. Farmers and villagers developed many of these systems to defend themselves from oppressive governments and feudal systems. In modern times, most martial arts are practiced as a form of physical fitness, sport, self-defense, and law enforcement preparation [Lawler, 1996].

Congratulations to Cory & Carlos for achieving their Black Belt



WE WOULD LIKE TO WELCOME

**LAURA MARTINEZ
KENDRIC PRIDDY
GREGORY PRIDDY
AMAREA PRIDDY
YOLANDA PRIDDY
MICAH PRIDDY
CHRIS WIDHELM
KELLEN WIDHELM
ALYSSA BELL
KNIKOLAS PEREIRA
CHRISTIAN MENDOZA
SU SHEEHAN
OZLEM YURTTAS**



December can be a very, very hectic time of year with office parties, children's events, out of town company, special events at schools, and, of course, holiday get-togethers. Add this to all the gift giving, spending, and everyday events and it's no wonder people find December to be a bit stressful. However, you can minimize your stress by following some of these tips for keeping stress at a minimum:

- 1) Stop, breathe, and count to 10. If you find yourself losing your temper, simply take a step back, take a deep breath, count to 10, and then go about what you were doing.
- 2) Try to avoid crowds. Being in traffic and lines is often stressful, so try to avoid last minute rushes.
- 3) Sleep and get a lot of rest.
- 4) Share responsibilities. Ask family members to help. There is nothing wrong with asking for a little help every now and then.
- 5) Remember the holidays are about family and friends, not material items. We should be thankful for all we have.
- 6) Don't forget your workout! Working out is a great stress reliever.
- 7) Take a short nap.
- 8) Watch a YouTube video that makes you laugh.
- 9) Sit in a hot tub or take a bubble bath.

School Calendar:

The Student of The Month

- 1- Tip week will run through Dec.7th 2011 .
- 2- Swat meeting will be on Saturday Dec.3rd, & 17th. 2011@ 10:30am
- 3- Parents night out will be on Friday Dec 9th 2011@ 7-10pm
- 4- Buddy days Dec 8th, & 9th. Bring a friend to class for free.
- 5- The deadline for the Test Form is Dec.5th 2011. (\$15 extra after the deadline)
- 6- Belt Testing—Tuesday Dec.13th 2011 @ 6:30pm (FULL TKD UNIFORM)
- 7- Graduation—Saturday Dec.17th 2011 @ 11:45pm (FULL TKD UNIFORM)
- 9- The school will be closed on Dec.24th – 31st . We will resume classes on Monday Jan. 2nd 2012.



The Student of The Belt

